

Large Ankle Sleeve: #510330 Large Ankle Heat Exchanger: #520330 Extra Large Ankle Sleeve: #510340 Extra Large Ankle Heat Exchanger: #520340

Thank you for choosing the Game Ready System. To assure you have the best possible experience please be sure to read the entire User's Manual prior to the use of this product.

#### Warnings

- Always consult with your physician before using the Game Ready System for any injury. Your physician can determine whether or not the System is appropriate for your injury, and can provide advice on how to best use the System to treat your injury.
- If used incorrectly, cold therapy can cause frostbite or other tissue damage. Always follow the protocol provided by your physician.
- Do not place directly against open wounds, sores, rashes, infections, or stitches.
   May be applied over clothing or dressing.
- If use of the Game Ready System causes increased pain, swelling, discoloration or loss of sensation, discontinue use and consult with your physician.
- If pressure is uncomfortable, pause unit, and restart with lower pressure.

**Care:** Gently remove Heat Exchanger from the Sleeve. Hand or machine wash the Sleeve in cold water and mild detergent, or antibacterial soap. Hang to dry. Hand wash the Heat Exchanger, do not machine wash.

#### **Warranty Information:**

*Sleeve:* In case of manufacturer defect, Sleeve may be returned within 7 days of purchase.

*Heat Exchanger:* 1 year from date of purchase. See warranty card included with Heat Exchanger.

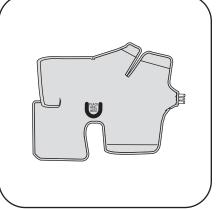
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# **Ankle Wrap Application**

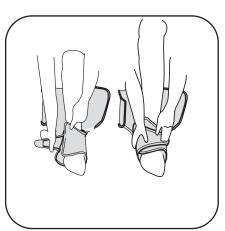


Place Sleeve on a flat surface with the words "place heel here" facing toward you. Place the heel of your foot on top of the indicated area

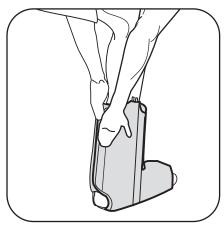
**Note:** For maximum cooling, place Wrap against bare skin.



Grab the left flap that is open and hold against the front of your shin. Grab the right flap in front of the Connector and fold over the left flap covering shin area.



Grab the left flap closest to the toes and fold over the top of your foot. Grab the right flap and fold across over the left flap and attach the hook to the loop. Make sure the Wrap conforms snugly against the top of the foot.



Close the back of the Wrap by grabbing and holding the back left flap against your lower calf. Grab the right back flap and fold over the left and attach hook to loop. Adjust all flaps as necessary for fit.

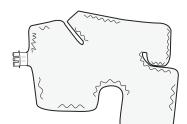
**Caution:** Do not open zipper while Wrap is in use, or applied to the body.

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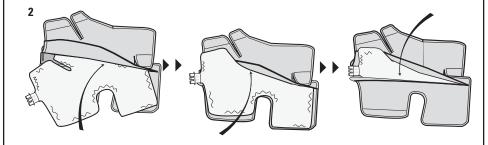
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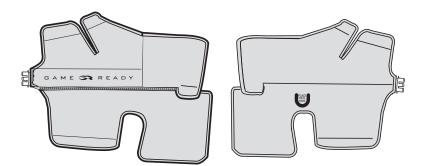




**Ankle Heat Exchanger** 



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Large Ankle Wrap #590330 Extra Large Ankle Wrap #590340

### **Ankle Wrap - Heat Exchanger Insertion**

- **fig. 1** Place Sleeve on flat surface with logo side up and open the zipper. Lay so the zipper is horizontal.
- **fig. 2** Insert Heat Exchanger into the Sleeve with blue side down. Insert Heat Exchanger into the top right corner of the Sleeve then the top left corner with blue side down. Tuck in the bottom sides and finish with the ends closest to the Connector. Run your hand inside around all edges to make sure Heat Exchanger is flat against the Sleeve.

  (Blue side of Heat Exchanger should match blue side of Sleeve)
- **fig. 3** Make sure the Heat Exchanger is flat inside the Sleeve with no folds or creases. Zip up the Sleeve. After assembly, lay the blue side up, make sure the Wrap is flat and smooth.

# **Ankle Wrap - Heat Exchanger Removal**

- 1 Disconnect the Connector Hose from the Wrap
- 2 Unzip the zipper
- 3 Gently pull out the Heat Exchanger